



# 2020 LITHUANIAN BOULDERING CHAMPIONSHIPS REGULATIONS

## **Aim:**

- To increase the visibility of rock climbing sport in Lithuania. To promote bouldering competitions.
- To select the strongest athletes of Lithuania and to create the National climbing team (adults), which will represent Lithuania in European and World Championships and the World Cup circuit.

## **Time:**

13 – 14th of March, 2020 (Friday-Saturday). Beginning of registration: 16:00 on Friday. Start of first group 16:30. Competition ends: Saturday at 22:30.

## **Place:**

Rock climbing center “Miegantys Drambliai” V.Krėvės pr.49, Kaunas, Lithuania.

## **Competitors:**

All Lithuanian and foreign athletes, age 16 and above (born in 2004 and older) are welcome to compete.

Additional restrictions for the athletes:

- Young athletes, born in 2005-2006, can only participate in the competition with the authorization of head coach. The personal coach has to supervise young climbers during the competition.

## **Referees and rules:**

The competition is executed based on Vilnius, Kaunas and Klaipėda's climbing clubs' agreed terms and regulations of „2020 Lietuvos boulderingo čempionato taisyklės” (You can find the rules and regulations (LT) online: [www.climbing.lt](http://www.climbing.lt)) and additional conditions and rules, agreed during the event.

## **Preliminary competition program:**

### **Friday:**

- 16:30 – 19:00 – I group qualification;
- 19:15 – 21:45 – II group qualification;

### **Saturday:**

- 8:30 – 11:00 – III group qualification;
- 11:15 – 13:45 – IV group qualification;
- 16:15 - 18:15 – semifinal (16 men and 16 women enter the semifinals);
- 19:45- 21:35 – finals (6 men and 6 women enter the finals);
- 22:00 – award ceremony. Competition ends.

## **Awards:**

1-3 places are awarded with prizes for both, men and women. Also, 1-3 places are awarded for Lithuania bouldering champions, men and women, separately.

## **Registration & fees:**

The athletes can register in advance till 6<sup>th</sup> of March, 2020 (day included) at <https://forms.gle/TRWmqjSgfpY5e3mL7>. Starting fee: 20€ (15€ starting fee + 5€ LLSF license) - if registered in advance. 25 € - if registered after 6<sup>th</sup> of March. 30 € - if registered at the event.

## **For additional information, please contact:**

varzybos@climbing.lt. Regulations can be regarded as an official invitation to take part in the competition.